





2020-2021 PARENT INVOLVEMENT COMMITTEE  
**VIRTUAL SPEAKER SERIES**

**HOW TO MAKE OUR  
KIDS MORE RESILIENT  
WITH DR. MICHAEL UNGAR**

**WEDNESDAY MAY 26  
7:00PM - 8:00PM**

FAMILY THERAPIST &  
PROFESSOR OF SOCIAL WORK  
AT DALHOUSIE UNIVERSITY



PIC is excited to welcome Dr. Michael Ungar, on Wednesday, May 26th to bring the Speaker Series for the 2020-2021 school year to a close.

Dr. Michael Ungar, Ph.D. is the founder and Director of the Resilience Research Centre at Dalhousie University. His ground-breaking work as a family therapist and resilience researcher is recognized around the world, with much of that work focused on the resilience of children and families. His work emphasizes how to use the theory of resilience to increase both individual and institutional agility during crises, with numerous organizations having adopted his concept of resilience as a negotiated process that enhances wellbeing and social responsibility.

This past year has been one like no other, more and more parents are concerned about the impacts on their children. Dr. Ungar's presentation will focus on how to help and encourage our children and teens to be resilient during these trying times, but also in their regular daily lives. Through Dr. Ungar's engaging presentation he will provide key focus areas that will assist in this objective. Following his presentation, Dr. Ungar will also be available for Q & A.

You do not want to miss this amazing, free presentation!

To register, click [here](#) or go to [dsbn.org/pic](https://dsbn.org/pic) and select the speaker series page.